



YOUR Major Action Plan: B.S., Psychology

What is YOUR passion?	1st YEAR	2nd YEAR
Clinical psychologist Counselling psychologist Educational psychologist	YOUR Target Courses <ul style="list-style-type: none"> - Complete at least 30 credit hours, including PSYC 1100, PSYC 2301, core MATH, core ENGL and 8 hours of lab science (including BIOL 2401 or 2402 course with a lab). - No grade lower than a "C" in ENGL 1301, ENGL 1302, and PSYC 2301. - See Staff or Faculty Academic Advisor to discuss your desired major and concentration, Grade Point Average (GPA) requirements, Academic Advising Guide, and file your degree plan. 	<ul style="list-style-type: none"> - Complete at least 30 credit hours including remaining core course requirements and a BCIS elective, an ENGL literature course, and PHIL 1301. - Consider taking PSYC 2315 and 2314 or 2308 - Meet with a Faculty Advisor after completing 45 hours.
Forensic psychologist Further education teacher Health psychologist High intensity therapist	Find YOUR Way <ul style="list-style-type: none"> - Undecided about your major? Want to learn more about different career options? Take advantage of career counseling and career assessments through Career Services. - Explore student groups and organizations in your major or area of interests through TexanSync. - Attend Study Skills sessions for additional assistance with acclimating the first year. - Attend or use Academic Resource Center Coaching, Math Clinic, tutoring options, and Writing Center. - Know the FAFSA deadlines each year. - Seek help from Student Counseling Center for home sickness, depression, or other issues. - Feeling ill? Visit Student Health Services for physical health related concerns. - Join the Psychology Club 	<ul style="list-style-type: none"> - Explore available Applied Learning Experiences (ALE) such as internships, research, study abroad, service learning or leadership experiences. - Talk to a Psychology faculty about internship, research, service learning, and leadership experiences at your campus. - Attend the study abroad fair to identify possible study abroad experiences that fit your interests and your major. - Establish relationships with faculty and staff who may eventually serve as a career or graduate school reference for you.
Occupational psychologist Primary care graduate mental health worker Psychological wellbeing practitioner	Sharpen YOUR Skills <ul style="list-style-type: none"> - Schedule a meeting with a department representative to explore study away and study abroad experiences and department-sponsored service learning projects. - Start researching the marketable skills that employers are seeking. - Get involved in Service Day and Tarleton Roundup. - Apply to be a Residential Leader (RL) or Tarleton Transition Mentor (TTM). - Run for Freshman Representative Council with SGA (Student Government Association). - Look into Greek Organizations to network and build community. 	<ul style="list-style-type: none"> - Seek out volunteer opportunities in your area through Volunteer Match or United Way to give back to the community and build marketable skills for future employment. - Attend events offered by The Office of Diversity and Inclusion and Fine Arts Center for cultural and diversity awareness. - Participate in Alternative Spring Break. - Run for Student Government Association. - Consider applying for leadership roles in Psychology Club.
Sport and exercise psychologist	YOUR Next Steps <ul style="list-style-type: none"> - Check out part-time jobs in Career Services employment system to gain work experience for your resume. - Attend job and graduate school fairs to explore future opportunities. Make a good first impression with your attire. - Investigate the type of lifestyle, salary, and occupation you would like to have through Texas Reality Check tools (powered by Texas Workforce Commission). - Learn more about your student loan debt, budgeting, and much more through SALT. 	<ul style="list-style-type: none"> - Explore career opportunities within your major. - Ask Career Services how to conduct a job shadow. - Convert your high school resume into a pre-professional resume. - Get to know your instructors to establish professional references and explore research opportunities. - Create your online portfolio through Portfolio. Consult with Career Services or your Faculty Advisor on items to include.

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What is YOUR passion?	3rd YEAR	4th YEAR
Careers adviser Counsellor	YOUR Target Courses <ul style="list-style-type: none"> - Complete at least 30 credit hours including the Psychology Core Courses, PSYC 3330 and 3309 a grade of "C" or higher. - Work with your Faculty Advisor to select advanced PSYC courses and advanced electives to fit your interests. - Consider future graduate programs in Psychology or another field. Examine entrance requirements and prepare to apply. - If continuing to a graduate program, ensure that your planned courses meet any pre-requisite requirements of the program. 	<ul style="list-style-type: none"> - Complete at least 30 credit hours including PSYC 3435 and 4350 with a grade of "C" or higher, in addition to any remaining course requirements. - Consider taking a Special Topics course to address personal academic and professional interests. - If continuing to a graduate program, complete any required testing and prepare to submit applications. Make note of each program's admission deadlines. - Meet with your advisor to ensure you are on track to graduate.
Detective Human resources officer Market researcher	Find YOUR Way <ul style="list-style-type: none"> - Visit with a faculty advisor/mentor within your area of interest to explore student opportunities specific to your major. - Consider participating in an undergraduate research project. - Conduct informational interviews and talk to professionals working in your fields interest. - Take part in the <u>Official Ring Ceremony</u>. - If your GPA is 3.5 or higher, apply for membership in Psi Chi - Consider joining Southwestern Psychological Association (SWPA) as a student member. 	<ul style="list-style-type: none"> - Consider joining the American Psychological Association (APA) as a student member. - Consider joining professional associations in your field. - Continue gaining experience in the industry you are pursuing. - Attend conferences and network with employers. - Get a summer job related to the career/industry you are pursuing.
Play therapist Psychotherapist	Sharpen YOUR Skills <ul style="list-style-type: none"> - Consider taking on leadership roles within student organizations and clubs. - Explore volunteer opportunities in your area through <u>All For Good</u>. - Need to get more experience and skills? Check out <u>CareerOneStop.org</u> sponsored by the US Department of Labor. - Continue to develop computer and job-related skills along with knowledge of the workplace. - Become an <u>Academic Resource Center- Coach Leader (ARC-C Leader)</u> - Explore internship opportunities with a faculty mentor or academic advisor for your concentration area. - Consider working in a faculty member's research lab. - Pursue an internship, service, or work opportunities related to Psychology. 	<ul style="list-style-type: none"> - Participate in an internship with the direction of your faculty mentor or advisor. Suggested resources for internships can be found in the <u>Career Service's employment system</u> or the <u>College Internship Program's website</u>. - Consider attending (and presenting your research!) at the annual Southwestern Psychological Association's (SW PA) conference.
Explore more occupations and occupation groups through the <u>Occupational Outlook Handbook</u> powered by the Bureau of Labor and Statistics.	YOUR Next Steps <ul style="list-style-type: none"> - Meet with a Career Services staff member to plan your <u>job-search campaign</u>, schedule <u>mock interviews</u>, resume critiques, and a <u>Business Etiquette Dinner</u>. - Create a <u>LinkedIn</u> profile to further your professional networking. - Check the <u>Career Services calendar</u> for career development workshops. - Seek out an internship at any of the Career Services <u>job fairs</u>. - Investigate graduate schools and attend the Open House for <u>TSU College of Graduate Studies</u>. 	<ul style="list-style-type: none"> - File for GRADUATION! - Update your resume in the <u>Career Service's employment system</u>, <u>Portfolium</u>, and <u>LinkedIn</u>. - Compile reference letters, awards, etc. - Research potential employers, seek out networking opportunities, apply for available positions, and prepare for potential interviews. - Attend <u>job fairs</u> and <u>dress professionally</u>. - Consider and review various job offers, if necessary, review information needed to <u>negotiate a salary</u>. - Graduate! Congratulations! - Join the <u>Tarleton Alumni Association</u> to stay connected to the University. BLEED PURPLE!