**YOUR Major Action Plan: Public Health, BS**

<table>
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<tr>
<th>What is YOUR passion?</th>
<th>1st YEAR</th>
<th>2nd YEAR</th>
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| **YOUR Target Courses** | - Complete at least 30 credit hours, including the FYS 1100 course, PBHL 1310 and 2320.  
- See Staff or Faculty Academic Advisor to discuss your desired major and concentration, Grade Point Average (GPA) requirements, Academic Advising Guide, and file your degree plan.  
- Meet with your advisor prior to registration each semester. | Complete at least 30 credit hours. |

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<tr>
<th>Find YOUR Way</th>
<th><strong>YOUR Next Steps</strong></th>
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| - Undecided about your major? Want to learn more about different career options? Take advantage of career counseling and career assessments through Career Services.  
- Explore student groups and organizations in your major or area of interest through TexanSync.  
- Attend Study Skills sessions for additional assistance with acclimating the first year.  
- Attend or use Academic Resource Center Coaching, Math Clinic, tutoring options, and Writing Center.  
- Know the FAFSA deadlines each year.  
- Seek help from Student Counseling Center for home sickness, depression or other issues.  
- Feeling ill? Visit Student Health Services for physical health related concerns. | - Check out part-time jobs in Career Services employment system to gain work experience for your resume.  
- Attend job and graduate school fairs to explore possible future opportunities. Make a good first impression with your attire.  
- Investigate the type of lifestyle, salary and occupation you would like to have through Texas Reality Check tool (powered by Texas Workforce Commission).  
- Learn more about your student loan debt, budgeting and much more through SALT. | - Explore career opportunities within your major.  
- Ask Career Services how to conduct a job shadow.  
- Convert your high school resume into a pre-professional resume.  
- Get to know your instructors to establish professional references and explore research opportunities.  
- Create your online portfolio through Porfolium. Consult with Career Services or your Faculty Advisor on items to include. |

**Updated 9/27/2017**
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<th>What is YOUR passion?</th>
<th>3rd YEAR</th>
<th>4th YEAR</th>
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<tbody>
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<td><strong>YOUR Major Action Plan: Public Health, BS</strong></td>
<td>- Complete at least 30 credit hours.</td>
<td>- Complete remaining credit hours.</td>
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<td><strong>YOUR Target Courses</strong></td>
<td>- Be mindful of course rotation when registering for classes to avoid delaying graduation. Speaking with an advisor prior to registration is beneficial to staying on track.</td>
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<td><strong>Find YOUR Way</strong></td>
<td>- Visit with a faculty advisor/mentor within your area of interest to explore student opportunities specific to your major.</td>
<td>- Present an undergraduate research project at a student or professional conference.</td>
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<td><strong>Sharpen YOUR Skills</strong></td>
<td>- Conduct informational interviews and talk to professionals working in your fields of interest.</td>
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<td>- Consider participating in an undergraduate research project.</td>
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<td>- Take part in the <strong>Official Ring Ceremony</strong>.</td>
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<td><strong>YOUR Next Steps</strong></td>
<td>- Consider taking on leadership roles within your student organizations and clubs.</td>
<td>- Participate in an internship with the direction of your faculty mentor or advisor. Suggested resources for internships can be found in the <strong>Career Service's employment system</strong> or the <strong>College Internship Program's website</strong>.</td>
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<td>- Explore volunteer opportunities in your area through <strong>All For Good</strong>.</td>
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<td>- Need to get more experience and skills? Check out CareerOneStop.org sponsored by the US Department of Labor.</td>
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<td>- Explore internship opportunities with a faculty mentor or academic advisor for your concentration area.</td>
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**YOUR Way**
- Visit with a faculty advisor/mentor within your area of interest to explore student opportunities specific to your major.
- Conduct informational interviews and talk to professionals working in your fields of interest.
- Consider participating in an undergraduate research project.
- Take part in the **Official Ring Ceremony**.

**Sharpen YOUR Skills**
- Consider taking on leadership roles within your student organizations and clubs.
- Explore volunteer opportunities in your area through **All For Good**.
- Need to get more experience and skills? Check out CareerOneStop.org sponsored by the US Department of Labor.
- Explore internship opportunities with a faculty mentor or academic advisor for your concentration area.
- Become an Academic Resource Center– Coach Leader (ARC-C Leader)

**YOUR Next Steps**
- Meet with a Career Services staff member to plan your job-search campaign, schedule mock interviews, resume critiques, and a Business Etiquette Dinner.
- Create a LinkedIn profile to further your professional networking.
- Check the Career Services calendar for career development workshops.
- Investigate graduate schools and attend the Open House for **TSU Graduate Studies**.
- File for GRADUATION!
- Update your resume in **Career Service's employment system**, Portfolium and LinkedIn.
- Compile reference letters, awards, etc.
- Research potential employers, seek out networking opportunities, apply for available positions, and prepare for potential interviews.
- Attend job fairs and dress professionally.
- Consider and review various job offers, if necessary, review information needed to **negotiate a salary**.
- Graduate! Congratulations!
- Join the **Tarleton Alumni Association** to stay connected to the University. **BLEED PURPLE!**

Updated 2/7/2018