# YOUR Major Action Plan: B.S. Psychology

<table>
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<tr>
<th>What is YOUR passion?</th>
<th>1st YEAR</th>
<th>2nd YEAR</th>
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| Case Manager: Social and Human Service Organizations | - Complete at least 30 credit hours, including PSYC 1100, PSYC 2301, core MATH, core ENGL, and 8 hours of lab science.  
- No grade lower than a “C” in ENGL 1301, ENGL 1302, and PSYC 2301.  
- See Staff or Faculty Academic Advisor to discuss your desired major and concentration, Grade Point Average (GPA) requirements, Academic Advising Guide, and file your degree plan. | - Complete at least 30 credit hours including remaining core course requirements and a BCIS elective, an ENGL literature course, and PHIL 1301.  
- Consider taking PSYC 2308, 2314, or 2315.  
- Meet with a Faculty Advisor after completing 45 hours. |
| Career Advisor | - Undecided about your major? Want to learn more about different career options? Take advantage of career counseling and career assessments through Career Services.  
- Explore student groups and organizations in your major or area of interests through TexanSync.  
- Attend Study Skills sessions for additional assistance with acclimating the first year.  
- Attend or use Academic Resource Center Coaching, Math Clinic, tutoring options, and Writing Center.  
- Know the FAFSA deadlines each year.  
- Seek help from Student Counseling Center for home sickness, depression, or other issues.  
- Feeling ill? Visit Student Health Services for physical health related concerns.  
- Join the Psychology Club. | Explore available Applied Learning Experiences (ALE) such as internships, research, study abroad, service learning or leadership experiences.  
- Talk to a Psychology faculty member about internship, research, service learning, and leadership experiences at your campus.  
- Attend the study abroad fair to identify possible study abroad experiences that fit your interests and your major.  
- Establish relationships with faculty and staff who may eventually serve as a career or graduate school reference for you. |
| Child Care Worker | | |
| Laboratory Assistant | | |
| Market Researcher | | |
| Advertising Copywriter | | |
| Rehabilitation Specialist | | |
| Psychiatric Technician | | |
| Psychiatric Assistant | | |
| YOUR Target Courses | | |
| Find YOUR Way | | |
| Sharpen YOUR Skills | | |
| YOUR Next Steps | | |

**YOUR Way** - Undecided about your major? Want to learn more about different career options? Take advantage of career counseling and career assessments through Career Services. 
- Explore student groups and organizations in your major or area of interests through TexanSync. 
- Attend Study Skills sessions for additional assistance with acclimating the first year. 
- Attend or use Academic Resource Center Coaching, Math Clinic, tutoring options, and Writing Center. 
- Know the FAFSA deadlines each year. 
- Seek help from Student Counseling Center for home sickness, depression, or other issues. 
- Feeling ill? Visit Student Health Services for physical health related concerns. 
- Join the Psychology Club.

**YOUR Skills** - Schedule a meeting with a department representative to explore study away and study abroad experiences and department-sponsored service learning projects. 
- Start researching the marketable skills that employers are seeking. 
- Get involved in Service Day and Tarleton Roundup. 
- Apply to be a Residential Leader (RL) or Tarleton Transition Mentor (TTM). 
- Run for Freshman Representative Council with SGA (Student Government Association). 
- Look into Greek Organizations to network and build community.

**YOUR Next Steps** - Check out part-time jobs in Career Services employment system to gain work experience for your resume. 
- Attend job and graduate school fairs to explore future opportunities. Make a good first impression with your attire. 
- Investigate the type of lifestyle, salary, and occupation you would like to have through Texas Reality Check tools (powered by Texas Workforce Commission). 
- Learn more about your student loan debt, budgeting, and much more through SALT.

**YOUR Major Action Plan: B.S. Psychology**

- Explore career opportunities within your major. 
- Ask Career Services how to conduct a job shadow. 
- Convert your high school resume into a pre-professional resume. 
- Get to know your instructors to establish professional references and explore research opportunities. 
- Create your online portfolio through Portfolio. Consult with Career Services or your Faculty Advisor on items to include.
## YOUR Major Action Plan: B.S. Psychology

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<th>3rd YEAR</th>
<th>4th YEAR</th>
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| Sales Representative | - Complete at least 30 credit hours including the Psychology Core Courses, PSYC 3330 and 3309 a grade of “C” or higher.  
- Work with your Faculty Advisor to select advanced PSYC courses and advanced electives to fit your interests.  
- Consider future graduate programs in Psychology or another field. Examine entrance requirements and prepare to apply.  
- If continuing to a graduate program, ensure that your planned courses meet any prerequisite requirements of the program.  
- Meet with your advisor to ensure you are on track to graduate.  
- Complete at least 30 credit hours including PSYC 3435 and 4350 with a grade of “C” or higher, in addition to any remaining course requirements.  
- Consider taking a Special Topics course to address personal academic and professional interests.  
- If continuing to a graduate program, complete any required testing and prepare to submit applications. Make note of each program’s admission deadlines.  
- Meet with your advisor to ensure you are on track to graduate. | |
| Social Services Specialist | - Visit with a faculty advisor/mentor within your area of interest to explore student opportunities specific to your major.  
- Consider participating in an undergraduate research project.  
- Conduct informational interviews and talk to professionals working in your fields of interest.  
- Take part in the Official Ring Ceremony.  
- If your GPA is 3.5 or higher, apply for membership in Psi Chi.  
- Consider joining Southwestern Psychological Association (SWPA) as a student member. | - Consider joining the American Psychological Association (APA) as a student member.  
- Consider joining professional associations in your field.  
- Continue gaining experience in the industry you are pursuing.  
- Attend conferences and network with employers.  
- Get a summer job related to the career/industry you are pursuing. |
| Technical Writer | - Consider taking on leadership roles within student organizations and clubs.  
- Explore volunteer opportunities in your area through All For Good.  
- Need to get more experience and skills? Check out CareerOneStop.org sponsored by the US Department of Labor.  
- Continue to develop computer and job-related skills along with knowledge of the workplace.  
- Become an Academic Resource Center—Coach Leader (ARC-C Leader).  
- Explore internship opportunities with a faculty mentor or academic advisor for your concentration area.  
- Consider working in a faculty member’s research lab.  
- Pursue an internship, service, or work opportunities related to Psychology. | - Participate in an internship with the direction of your faculty mentor or advisor. Suggested resources for internships can be found in the Career Service’s employment system or the College Internship Program’s website.  
- Consider attending (and presenting your research!) at the annual Southwestern Psychological Association’s (SWPA) conference. |
| Public Relations Specialist | - Consider joining Southwestern Psychological Association (SWPA) as a student member.  
- Meet with your advisor to ensure you are on track to graduate.  
- Complete at least 30 credit hours including PSYC 3435 and 4350 with a grade of “C” or higher, in addition to any remaining course requirements.  
- Consider taking a Special Topics course to address personal academic and professional interests.  
- If continuing to a graduate program, complete any required testing and prepare to submit applications. Make note of each program’s admission deadlines.  
- Meet with your advisor to ensure you are on track to graduate. | |
| Victim Advocate | - Consider joining the American Psychological Association (APA) as a student member.  
- Consider joining professional associations in your field.  
- Continue gaining experience in the industry you are pursuing.  
- Attend conferences and network with employers.  
- Get a summer job related to the career/industry you are pursuing. | |
| Human Resources Specialist Corporate Educator | - Consider joining Southwestern Psychological Association (SWPA) as a student member.  
- Meet with your advisor to ensure you are on track to graduate.  
- Complete at least 30 credit hours including PSYC 3435 and 4350 with a grade of “C” or higher, in addition to any remaining course requirements.  
- Consider taking a Special Topics course to address personal academic and professional interests.  
- If continuing to a graduate program, complete any required testing and prepare to submit applications. Make note of each program’s admission deadlines.  
- Meet with your advisor to ensure you are on track to graduate. | |
| Human Resources Specialist Corporate Trainer | - Consider joining Southwestern Psychological Association (SWPA) as a student member.  
- Meet with your advisor to ensure you are on track to graduate.  
- Complete at least 30 credit hours including PSYC 3435 and 4350 with a grade of “C” or higher, in addition to any remaining course requirements.  
- Consider taking a Special Topics course to address personal academic and professional interests.  
- If continuing to a graduate program, complete any required testing and prepare to submit applications. Make note of each program’s admission deadlines.  
- Meet with your advisor to ensure you are on track to graduate. | |
| Explore more occupations and occupation groups through the Occupational Outlook Handbook powered by the Bureau of Labor and Statistics. | - Meet with a Career Services staff member to plan your job-search campaign, schedule mock interviews, resume critiques, and a Business Etiquette Dinner.  
- Create a LinkedIn profile to further your professional networking.  
- Check the Career Services calendar for career development workshops.  
- Seek out an internship at any of the Career Services job fairs.  
- Investigate graduate schools and attend the Open House for TSU College of Graduate Studies. | - File for GRADUATION!  
- Update your resume in the Career Service’s employment system, Portfolium, and LinkedIn.  
- Compile reference letters, awards, etc.  
- Research potential employers, seek out networking opportunities, apply for available positions, and prepare for potential interviews.  
- Attend job fairs and dress professionally.  
- Consider and review various job offers, if necessary, review information needed to negotiate a salary.  
- Graduated! Congratulations!  
- Join the Tarleton Alumni Association to stay connected to the University. BLEED PURPLE! |