

YOUR Major Action Plan: Public Health, BS

Updated September 2017



What is YOUR passion?	1st YEAR	2nd YEAR
YOUR Target Courses	<ul style="list-style-type: none"> - Complete at least 30 credit hours, including the FYS 1100 course, PBHL 1310 and 2320. - See Staff or Faculty Academic Advisor to discuss your desired major and concentration, Grade Point Average (GPA) requirements, Academic Advising Guide, and file your degree plan. - Meet with your advisor prior to registration each semester. 	<ul style="list-style-type: none"> - Complete at least 30 credit hours.
	<ul style="list-style-type: none"> - Undecided about your major? Want to learn more about different career options? Take advantage of career counseling and career assessments through Career Services. - Explore student groups and organizations in your major or area of interest through TexanSync. - Attend Study Skills sessions for additional assistance with acclimating the first year. - Attend or use Academic Resource Center Coaching, Math Clinic, tutoring options, and Writing Center. - Know the FAFSA deadlines each year. - Seek help from Student Counseling Center for home sickness, depression or other issues. - Feeling ill? Visit Student Health Services for physical health related concerns. 	<ul style="list-style-type: none"> - Explore available Applied Learning Experiences (ALE) such as internships, research, study abroad, service learning or leadership experiences.
	<ul style="list-style-type: none"> - Start researching the marketable skills that employers are seeking. - Get involved in Service Day and Tarleton Roundup. - Apply to be a Residential Leader (RL) or Tarleton Transition Mentor (TTM) - Schedule a meeting with a department representative to explore study away and study abroad experiences and department-sponsored service learning projects offered by your major. - Run for Freshman Representative Council with SGA (Student Government Association). - Look into Greek Organizations to network and build community. 	<ul style="list-style-type: none"> - Seek out volunteer opportunities in your area through Volunteer Match or United Way to give back to the community and build marketable skills for future employment. - Attend events offered by The Office of Diversity and Inclusion and Fine Arts Center for cultural and diversity awareness. - Participate in Alternative Spring Break. - Run for Student Government Association.
	<ul style="list-style-type: none"> - Check out part-time jobs in Career Services employment system to gain work experience for your resume. - Attend job and graduate school fairs to explore possible future opportunities. Make a good first impression with your attire. - Investigate the type of lifestyle, salary and occupation you would like to have through Texas Reality Check tool (powered by Texas Workforce Commission). - Learn more about your student loan debt, budgeting and much more through SALT. 	<ul style="list-style-type: none"> - Explore career opportunities within your major. - Ask Career Services how to conduct a job shadow. - Convert your high school resume into a pre-professional resume. - Get to know your instructors to establish professional references and explore research opportunities. - Create your online portfolio through Porfolium. Consult with Career Services or your Faculty Advisor on items to include.

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What is YOUR passion?	3rd YEAR	4th YEAR
<p>Explore more occupations and occupation groups through the Occupational Outlook Handbook powered by the Bureau of Labor and Statistics.</p>	<p>YOUR Target Courses</p> <ul style="list-style-type: none"> - Complete at least 30 credit hours. - Be mindful of course rotation when registering for classes to avoid delaying graduation. Speaking with an advisor prior to registration is beneficial to staying on track. 	<ul style="list-style-type: none"> - Complete remaining credit hours.
	<p>Find YOUR Way</p> <ul style="list-style-type: none"> - Visit with a faculty advisor/mentor within your area of interest to explore student opportunities specific to your major. - Conduct informational interviews and talk to professionals working in your fields of interest. - Consider participating in an undergraduate research project. - Take part in the Official Ring Ceremony. 	<ul style="list-style-type: none"> - Present an undergraduate research project at a student or professional conference.
	<p>Sharpen YOUR Skills</p> <ul style="list-style-type: none"> - Consider taking on leadership roles within your student organizations and clubs. - Explore volunteer opportunities in your area through All For Good. - Need to get more experience and skills? Check out CareerOneStop.org sponsored by the US Department of Labor. - Explore internship opportunities with a faculty mentor or academic advisor for your concentration area. - Become an Academic Resource Center– Coach Leader (ARC-C Leader) 	<ul style="list-style-type: none"> - Participate in an internship with the direction of your faculty mentor or advisor. Suggested resources for internships can be found in the Career Service’s employment system or the College Internship Program’s website.
	<p>YOUR Next Steps</p> <ul style="list-style-type: none"> - Meet with a Career Services staff member to plan your job-search campaign, schedule mock interviews, resume critiques, and a Business Etiquette Dinner. - Create a LinkedIn profile to further your professional networking. - Check the Career Services calendar for career development workshops. - Investigate graduate schools and attend the Open House for TSU Graduate Studies. 	<ul style="list-style-type: none"> - File for GRADUATION! - Update your resume in Career Service’s employment system, Portfolium and LinkedIn. - Compile reference letters, awards, etc. - Research potential employers, seek out networking opportunities, apply for available positions, and prepare for potential interviews. - Attend job fairs and dress professionally. - Consider and review various job offers, if necessary, review information needed to negotiate a salary. - Graduate! Congratulations! - Join the Tarleton Alumni Association to stay connected to the University. BLEED PURPLE!