

## Child Development and Family Studies

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The Bachelor of Science degree in Child in Family Studies is designed for students who want to work with children and families outside of the public school setting. Our program is designed with three concentration tracks to provide students with a strong foundation of knowledge, leadership skills, and cultural competencies to work with children and families. This is a blended program with courses offered face-to-face and online.

- **Early Childhood**- This track provides students with knowledge and experience in working with young children in a classroom setting. Students can obtain a directors licensure for licensed child care programs, or an early intervention specialist certification.
- **Family Life**-Family life education focuses on parenting, family resource management and human intimacy. Students can work in advocacy, adoption, foster care or family life education. Students are eligible to test for a certification in family life education through the National Council on Family Relations.
- **Child Life**-This track prepares students work with children in hospital settings. Upon graduation, students are able to apply to become a certified child life specialist through the Association of Child Life Professionals upon completion of coursework, ALCP practicum, internship and certification exam.

The Bachelor of Applied Arts and Science degree offers a flexible program that allows students to utilize their workforce training and experiences toward obtaining a degree. Up to thirty-three hours of workforce credit can be applied towards the degree through: workforce-based college credit hours, documented work experience at a licensed childcare facility, and documented training hours.

### The Bachelor of Applied Arts Sciences in Child Development and Family Studies

#### Required Courses

General Education Requirements ( <a href="http://catalog.tarleton.edu/undergrad/academicaffairs/">http://catalog.tarleton.edu/undergrad/academicaffairs/</a> )		42
<b>Prior Learning Credit</b>		<b>12-33</b>
SOCI 1301 [shared]	Introductory Sociology	
CHFS 3300	Child Development: Theory, Research, and Practice	3
CHFS 3305	Management of a Licensed Child Care Program	3
CHFS 3315	Concept Development in Early Childhood	3
CHFS 3344 [WI ( <a href="http://catalog.tarleton.edu/undergrad/academicaffairs/">http://catalog.tarleton.edu/undergrad/academicaffairs/</a> )]	Creative Arts and Literature for Children	3
CHFS 4309	Parenting	3
CHFS 4350 [WI ( <a href="http://catalog.tarleton.edu/undergrad/academicaffairs/">http://catalog.tarleton.edu/undergrad/academicaffairs/</a> )]	Policies and Ethical Standards	3
CHFS 4356 [WI ( <a href="http://catalog.tarleton.edu/undergrad/academicaffairs/">http://catalog.tarleton.edu/undergrad/academicaffairs/</a> )]	Research Methods in Human Sciences	3
CHFS 4317	Environments in Early Childhood	3
CHFS 4360	Preprofessional Development	3
CHFS 4085	Internship Seminar	3
KINE 3380	Adapted Physical Activity	3
SOCW 3303	Social Work with Diverse Populations	3
SOCW 4311	Child Welfare	3
SOCI 3301	Sociology of the Family	3
EDSP 4367	Programming for Young Children with Disabilities	3
Electives		0-21
Total Hours		120

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#### Required Courses

General Education Requirements ( <a href="http://catalog.tarleton.edu/undergrad/academicaffairs/">http://catalog.tarleton.edu/undergrad/academicaffairs/</a> )		42
CHFS 1304	Infant and Toddler Development	3
TECA 1311	Introduction to Early Childhood Development	3
PSYC 2308	Child Psychology	3
EDUC 2301	Introduction to Special Populations	3
CHFS 3300	Child Development: Theory, Research, and Practice	3
SOCW 3303	Social Work with Diverse Populations	3
CHFS 4085	Internship Seminar	3
CHFS 4309	Parenting	3
CHFS 4350 [WI ( <a href="http://catalog.tarleton.edu/undergrad/academicaffairs/">http://catalog.tarleton.edu/undergrad/academicaffairs/</a> )]	Policies and Ethical Standards	3
CHFS 4356 [WI ( <a href="http://catalog.tarleton.edu/undergrad/academicaffairs/">http://catalog.tarleton.edu/undergrad/academicaffairs/</a> )]	Research Methods in Human Sciences	3
CHFS 4360	Preprofessional Development	3
Total Hours		75

**Additional Required Courses for Concentrations****Child Life Education**

## LAB SCIENCE CORE REQUIREMENT [shared]:

BIOL 1406	Biology for Science Majors	
BIOL 1407	Biology for Science Majors II	
BIOL 2402	Anatomy & Physiology II	
BIOL 2420	Microbiology for Non-Science Majors	
BIOL 2401 or BIOL 2402	Anatomy and Physiology I Anatomy & Physiology II	
BIOL 3402	Histology	
BIOL 3406	Comparative Vertebrate Anatomy	
BIOL 3407	Microbiology	
CHEM 1407	Fundamentals of Chemistry	
CHEM 1411	College Chemistry I	
CHEM 1412	College Chemistry II	
GEOL 1403	Physical Geology	
GEOL 1404	Historical Geology	
GEOL 1407	Introduction to Environmental Science	

## SOCIAL/BEHAVIORAL SCIENCE CORE REQUIREMENT [shared]:

SOCI 1301	Introductory Sociology	
TECA 1318	Wellness of the Young Child	3
HECO 1322	Nutrition and Diet Therapy	3
PSYC 2301	General Psychology	3
PSYC 2314	Life Span Growth & Development	3
PSYC 2315	Psychology of Adjustment	3
PBHL 2320	Medical Ethics	3
SOCI 3301	Sociology of the Family	3
PSYC 3311	Behavior Analysis and Behavior Management	3
KINE 3380	Adapted Physical Activity	3
SOCW 4311	Child Welfare	3
SOCI 4314	Medical and Health Care Policy	3
SOCW 4315	Social Work Values and Ethics	3
CHFS 4340	Play Theory and Research	3
CHFS 4345	Child Life	3
CHFS 4355	Grief, Loss & Bereavement	3

Total Hours 45

**Early Childhood Education**

## COMMUNICATIONS CORE REQUIREMENT - Select one of the following [shared]:

COMM 1311	Introduction to Speech Communication	
COMM 1315	Public Speaking	
TECA 1318	Wellness of the Young Child	3
COMM 2302	Business and Professional Speaking	
SOCW 2361	Introduction to Social Work	3
PSYC 3303	Educational Psychology	3
COMM 3304	Interpersonal Communication	3
CHFS 3305	Management of a Licensed Child Care Program	3
CHFS 3306	Application of Management of a Licensed Child Care Program	3
CHFS 3315	Concept Development in Early Childhood	3
CHFS 3344 [WI ( <a href="http://catalog.tarleton.edu/undergrad/academicaffairs/">http://catalog.tarleton.edu/undergrad/academicaffairs/</a> )]	Creative Arts and Literature for Children	3
CHFS 3353	Child and Youth Guidance	3
KINE 3380	Adapted Physical Activity	3
SOCW 4315	Social Work Values and Ethics	3
CHFS 4317	Environments in Early Childhood	3
EDSP 4367	Programming for Young Children with Disabilities	3
PSYC 4390	Special Topics (Family and Community Engagement)	3
Elective		3

Total Hours 45

**Family Life Education**

## COMMUNICATIONS CORE REQUIREMENT - Select one of the following [shared]:

COMM 1311	Introduction to Speech Communication	
COMM 1315	Public Speaking	
COMM 2302	Business and Professional Speaking	

## LAB SCIENCE CORE REQUIREMENT [shared]:

CHEM 1407 or CHEM 1411	Fundamentals of Chemistry College Chemistry I	
SOCIAL/BEHAVIORAL SCIENCE CORE REQUIREMENT [shared]:		
SOCI 1301	Introductory Sociology	
HECO 1322	Nutrition and Diet Therapy	3
PSYC 2301	General Psychology	3
PSYC 2314	Life Span Growth & Development	3
PSYC 2315	Psychology of Adjustment	3
SOCI 3301	Sociology of the Family	3
PSYC 3303	Educational Psychology	3
COMM 3304	Interpersonal Communication	3
PSYC 3307	The Human Lifespan	3
CHFS 3310	Methodology of Family Life Education	3
CHFS 3316	Human Intimacy	3
CHFS 3333	Family Financial Management	3
CHFS 3353	Child and Youth Guidance	3
SOCW 4311	Child Welfare	3
SOCI/SOCW Elective:		
PSYC 4390	Special Topics (Family and Community Engagement)	3
Total Hours		45

## Minor in Child Development and Family Studies

### Required Courses

CHFS 3300	Child Development: Theory, Research, and Practice	3
Select 5 of the following:		15
CHFS 3305	Management of a Licensed Child Care Program	
CHFS 3310	Methodology of Family Life Education	
CHFS 3315	Concept Development in Early Childhood	
CHFS 3316	Human Intimacy	
CHFS 3333	Family Financial Management	
CHFS 3344 [WI ( <a href="http://catalog.tarleton.edu/undergrad/academicaffairs/">http://catalog.tarleton.edu/undergrad/academicaffairs/</a> )]	Creative Arts and Literature for Children	
CHFS 3353	Child and Youth Guidance	
CHFS 4309	Parenting	
CHFS 4317	Environments in Early Childhood	
CHFS 4345	Child Life	
CHFS 4350 [WI ( <a href="http://catalog.tarleton.edu/undergrad/academicaffairs/">http://catalog.tarleton.edu/undergrad/academicaffairs/</a> )]	Policies and Ethical Standards	
CHFS 4356 [WI ( <a href="http://catalog.tarleton.edu/undergrad/academicaffairs/">http://catalog.tarleton.edu/undergrad/academicaffairs/</a> )]	Research Methods in Human Sciences	
Total Hours		18

## Associate professor

- Deborah Banker

## Assistant professors

- Kristina Higgins
- Lisa Taylor-Cook

## Courses

### CHFS 1100. Transitioning to University Studies in Child and Family Studies. 1 Credit Hour (Lecture: 1 Hour, Lab: 1 Hour).

An introduction to and analysis of the culture child and family studies. Students will examine best practices when working with families and children from diverse backgrounds and needs through directed field experiences. This course also meets the First Year Seminar requirement.

### CHFS 1304. Infant and Toddler Development. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).

Emphasis is on the child from conception through younger years with a study of growth and development in the family setting. Directed observation in approved settings is required. Prerequisite: Moved course into CUI department per approval from THECB 2.8.2021.

### CHFS 3300. Child Development: Theory, Research, and Practice. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).

A survey of the child's physical, mental, social, and emotional development from birth to 18 years old. Emphasis is placed on the three year old to adolescent child and those factors which influence his/her growth. Credit for both CHFS 3300 and FACS 3300 will not be awarded. All CHFS majors must earn a grade of C or better in the course. Prerequisite: Junior classification or approval of department head.

### CHFS 3305. Management of a Licensed Child Care Program. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).

Basic principles of the management of licensed child care programs are studied. Experience is gained in using guidance techniques, methods and materials appropriate to the pre-school level. The class plans and operates a child care center. Credit for both CHFS 3305 and FACS 3305 will not be awarded.

### CHFS 3306. Application of Management of a Licensed Child Care Program. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).

The course is designed for application of the basic principles of the management of licensed child care programs. Experience and skills are gained in using guidance techniques, methods and materials that are developmentally appropriate. Field experience is required. Prerequisite: CHFS 3305.

**CHFS 3310. Methodology of Family Life Education. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

An understanding of the philosophies and principles of family life education, including knowledge of the family life certification process and content areas. This course will include a survey and critique of various existing family life education programs as well as the development, implementation, and evaluation of new evidence-based programs. Prerequisite: Junior Classification or Approval of Department Head.

**CHFS 3315. Concept Development in Early Childhood. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

An exploration of theory and practice in teaching science, mathematics, social studies/diversity and technology to young children. An emphasis is placed on developmentally appropriate practices that facilitate skill development. This course includes 8 hours of field experience in an early childhood classroom. Prerequisite: CHFS 3300 or approval of Department Head.

**CHFS 3316. Human Intimacy. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

A functional approach to the understanding of the interpersonal dynamics and choices in primary and secondary relationships such as those with friends, dating partners, and potential mates. The study will include a brief historical and cross-cultural perspective with emphasis on the roots of modern American customs and the rituals of dating and mate selection. Current issues in human sexuality are included. A major component of the class is a study of interpersonal communication. Prerequisite: PSYC 2301.

**CHFS 3333. Family Financial Management. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

Special emphasis is given to the use of family finances in achieving goals. Consideration made for financial protection and financial planning for the family life cycle.

**CHFS 3344. Creative Arts and Literature for Children. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours). [WI (<http://catalog.tarleton.edu/academicaffairs/>)]**

An exploration of theory, practice, and materials for teaching young children music, movement, visual arts, and literacy. An emphasis will be placed on developmentally appropriate practice including process-focused activities and skill development. Direct observation and practice in approved off-campus settings is required. Prerequisites: CHFS 3300.

**CHFS 3353. Child and Youth Guidance. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

This course examines positive guidance strategies for children from birth to eight years. Students will explore theoretical foundations related to child development and the implementation of various models to foster self-control, organize environments and curriculum for pro-social skills, methods for addressing persistent and challenging behaviors. Emphasis will be on behavior management and on guidance strategies for preschool and early elementary children. The course will also explore a wide variety of issues in relation to parenting, child-rearing practices, and child-family relations. Direct observation and practice in approved off-campus settings is required. Prerequisites: CHFS 3300.

**CHFS 4085. Internship Seminar. 1-3 Credit Hours (Lecture: 1-3 Hours, Lab: 0 Hours).**

This internship includes supervised, field-based activities in licensed daycare facilities. Major emphasis is placed on the developmentally appropriate instructional strategies and professional practices designed to improve teaching and child care performance. Students are required to conduct a reflective analysis of their internship activities. May be repeated for credit. Direct observation and practice in approved off-campus settings is required. Prerequisite: CHFS 3300.

**CHFS 4309. Parenting. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

A contemporary approach to basic principles and skills needed for effective parenting. Study will include assessment of parenting programs and techniques. Emphasis is placed on creating nurturing home environments through the life cycle. Prerequisite: CHFS 3300.

**CHFS 4317. Environments in Early Childhood. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

An exploration of the Early Childhood environments, including plans, procedures, physical environment (use of learning centers) and activities for development and assessment of young children. Additionally, this course will examine current issues facing professionals in early childhood settings. Prerequisites: CHFS 3300.

**CHFS 4320. Early Intervention Services. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

This course covers the systems of services available in various states around the country that assists infants and toddlers with developmental delays or disabilities. Students will learn what constitutes a developmental delay, developmental milestones, screening and/or evaluations, Individual Family Service Plans, and the personnel and their roles involved in early intervention services.

**CHFS 4340. Play Theory and Research. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

Exploration of historical and contemporary therapeutic play theory and research from infancy through young adulthood. Play environments, learning objectives for various age groups, and play therapy are covered.

**CHFS 4345. Child Life. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

A review of the historical and theoretical perspectives on the development of the child life field and information on fundamental skills required to help children and families cope with the stress of the health care experience. Prerequisites: CHFS 1304, 3300.

**CHFS 4350. Policies and Ethical Standards. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours). [WI (<http://catalog.tarleton.edu/academicaffairs/>)]**

A study of moral, ethical, and legal issues faced by professionals working with children and families. Students will learn to assess each situation independently and evaluate alternative approaches to promoting optimal development. Information on the legal aspects of early childhood intervention, working with young children with special needs, and the ethical treatment of families in poverty will be included. Prerequisite: CHFS 3300, Senior Classification or approval of Department Head.

**CHFS 4355. Grief, Loss & Bereavement. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

This course is an introduction to concepts surrounding the nature of loss, suffering, grief, and issues of death and dying. Historical, current, cultural, spiritual, and religious perspectives will be examined with attention to ethical and moral issues. Theoretical foundations will be explored as related to death and dying, as well as other types of loss to include divorce, adoption, foster care, palliative care, transitions and symbolic loss and how it impacts children and families.

**CHFS 4356. Research Methods in Human Sciences. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours). [WI (<http://catalog.tarleton.edu/academicaffairs/>)]**

Current research issues and the importance of research in Human Sciences will be discussed. Main tasks include review of literature, introduction to the scientific method of inquiry, analysis of results, and completion of a research paper. All CHFS majors must earn a grade of C or better in the course. Prerequisite: CHFS 3300.

**CHFS 4360. Preprofessional Development. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

Basic information for professional growth including: information relevant to human sciences careers; business interactions; global business-related social and cultural differences; professional correspondence; development of professional marketing tools such as interview skills, preparation of cover letters and resumes. All CHFS majors must earn a grade of C or better in the course.