

# Child Development and Family Studies

Dr. Christy Reed, Department Head  
E.J. Howell Building, Room 320 G  
Box T-0290  
Stephenville, Texas 76402  
12549680730  
creed1@tarleton.edu

The Bachelor of Science degree in Child in Family Studies is designed for students who want to work with children and families outside of the public school setting. Our program is designed with three concentrations to provide students with a strong foundation of knowledge, leadership skills, and cultural competencies to work with children and families. This is a blended program with courses offered face-to-face and online. All CHFS majors must earn a C or better in all CHFS and TECA courses, and a major GPA of 2.25 is required for graduation.

- **Early Childhood**- This track provides students with knowledge and experience in working with young children in a classroom setting. Students will have completed course for eligibility to obtain a director's licensure for licensed child care programs in Texas or an early intervention specialist certification.
- **Family Life**-Family life education focuses on parenting, family resource management and human intimacy. Students can work in advocacy, adoption, foster care or family life education. Students are eligible to test for a certification in family life education through the National Council on Family Relations.
- **Child Life**-This track prepares students work with children in hospital settings. Upon graduation, students are able to apply to become a certified child life specialist through the Association of Child Life Professionals upon completion of coursework, ALCP practicum, internship and certification exam.

The Bachelor of Applied Arts and Science degree offers a flexible program that allows students to utilize their documented workforce training experiences toward obtaining a degree. Up to thirty-three hours of workforce credit can be applied towards the degree through workforce-based college credit hours and/or documented work training hours.

## The Bachelor of Applied Arts & Sciences in Child Development and Family Studies

### The Bachelor of Applied Arts Sciences in Child Development and Family Studies

#### Required Courses

General Education Requirements ( <a href="http://catalog.tarleton.edu/academicaffairs/">http://catalog.tarleton.edu/academicaffairs/</a> )		42
<b>Prior Learning Credit</b>		<b>12-33</b>
CHFS 3300	Child Development: Theory, Research, and Practice	3
CHFS 3305	Management of a Licensed Child Care Program	3
CHFS 3315	Concept Development in Early Childhood	3
CHFS 3344 [WI ( <a href="http://catalog.tarleton.edu/academicaffairs/">http://catalog.tarleton.edu/academicaffairs/</a> )]	Creative Arts and Literature for Children	3
CHFS 4309	Parenting	3
CHFS 4350 [WI ( <a href="http://catalog.tarleton.edu/academicaffairs/">http://catalog.tarleton.edu/academicaffairs/</a> )]	Policies and Ethical Standards	3
CHFS 4356 [WI ( <a href="http://catalog.tarleton.edu/academicaffairs/">http://catalog.tarleton.edu/academicaffairs/</a> )]	Research Methods in Human Sciences	3
CHFS 4317	Environments in Early Childhood	3
CHFS 4360	Preprofessional Development	3
CHFS 4085	Internship Seminar	3
KINE 3380	Adapted Physical Activity	3
SOCW 3303	Social Work with Diverse Populations	3
SOCW 4311	Child Welfare	3
CHFS 3306	Application of Management of a Licensed Child Care Program	3
CHFS 4320	Early Intervention Services	3
Electives		0-21
<b>Total Hours</b>		<b>120</b>

## The Bachelor of Science Degree in Child Development and Family Studies

### The Bachelor of Science Degree in Child Development and Family Studies

#### Required Courses

General Education Requirements ( <a href="http://catalog.tarleton.edu/academicaffairs/">http://catalog.tarleton.edu/academicaffairs/</a> )		42
CHFS 1304	Infant and Toddler Development	3
CHFS 3300	Child Development: Theory, Research, and Practice	3
CHFS 4085	Internship Seminar	3
CHFS 4309	Parenting	3
CHFS 4350 [WI ( <a href="http://catalog.tarleton.edu/academicaffairs/">http://catalog.tarleton.edu/academicaffairs/</a> )]	Policies and Ethical Standards	3
CHFS 4356 [WI ( <a href="http://catalog.tarleton.edu/academicaffairs/">http://catalog.tarleton.edu/academicaffairs/</a> )]	Research Methods in Human Sciences	3
CHFS 4360	Preprofessional Development	3
EDUC 2301	Introduction to Special Populations	3
PSYC 2308	Child Psychology	3
SOCW 3303	Social Work with Diverse Populations	3
TECA 1311	Educating Young Children	3
<b>Total Hours</b>		<b>75</b>

**Additional Required Courses for Concentrations****Child Life Education**

BIOL 2401 [shared] or BIOL 2402	Anatomy and Physiology I Anatomy & Physiology II	
SOCI 1301 [shared]	Introductory Sociology	
CHFS 4320	Early Intervention Services	3
CHFS 4340	Play Theory and Research	3
CHFS 4345	Child Life	3
CHFS 4355	Grief, Loss & Bereavement	3
HECO 1322	Nutrition and Diet Therapy	3
KINE 3380	Adapted Physical Activity	3
PSYC 2301	General Psychology	3
PSYC 2314	Life Span Growth & Development	3
PSYC 2315	Psychology of Adjustment	3
PSYC 3311	Behavior Analysis and Behavior Management	3
SOCW 4311	Child Welfare	3
SOCI 4314	Medical and Health Care Policy	3
SOCW 4315	Social Work Values and Ethics	3
TECA 1318	Wellness of the Young Child	3
General Elective		3
<b>Total Hours</b>		<b>45</b>

**Early Childhood Education**

Select one of the following:

COMM 1311 [shared]	Introduction to Speech Communication	
COMM 1315 [shared]	Public Speaking	
COMM 2302 [shared]	Business and Professional Speaking	
CHFS 3305	Management of a Licensed Child Care Program	3
CHFS 3306	Application of Management of a Licensed Child Care Program	3
CHFS 3315	Concept Development in Early Childhood	3
CHFS 3344 [WI ( <a href="http://catalog.tarleton.edu/academicaffairs/">http://catalog.tarleton.edu/academicaffairs/</a> )]	Creative Arts and Literature for Children	3
CHFS 3353	Child and Youth Guidance	3
CHFS 4317	Environments in Early Childhood	3
CHFS 4320	Early Intervention Services	3
COMM 3304	Interpersonal Communication	3
KINE 3380	Adapted Physical Activity	3
PSYC 3303	Educational Psychology	3
SOCW 2361	Introduction to Social Work	3
SOCW 4315	Social Work Values and Ethics	3
TECA 1303	Families, School, & Community	3
TECA 1318	Wellness of the Young Child	3
Elective		3
<b>Total Hours</b>		<b>45</b>

**Family Life Education**

Select one of the following:

COMM 1311 [shared]	Introduction to Speech Communication	
COMM 1315 [shared]	Public Speaking	
COMM 2302 [shared]	Business and Professional Speaking	
CHFS 3310	Methodology of Family Life Education	3
CHFS 3316	Human Intimacy	3
CHFS 3333	Family Financial Management	3
CHFS 3353	Child and Youth Guidance	3
CHFS 4320	Early Intervention Services	3
COMM 3304	Interpersonal Communication	3
HECO 1322	Nutrition and Diet Therapy	3
PSYC 2301	General Psychology	3
PSYC 2314	Life Span Growth & Development	3
PSYC 2315	Psychology of Adjustment	3
PSYC 3303	Educational Psychology	3
PSYC 3307	The Human Lifespan	3
SOCI 1301 [shared]	Introductory Sociology	
SOCW 4311	Child Welfare	3
TECA 1303	Families, School, & Community	3
Sociology Elective		3
<b>Total Hours</b>		<b>45</b>

## Minor in Child Development and Family Studies

### Minor in Child Development and Family Studies

#### Required Courses

CHFS 3300	Child Development: Theory, Research, and Practice	3
Select 5 of the following:		15
CHFS 3305	Management of a Licensed Child Care Program	
CHFS 3310	Methodology of Family Life Education	
CHFS 3315	Concept Development in Early Childhood	
CHFS 3316	Human Intimacy	
CHFS 3333	Family Financial Management	
CHFS 3344 [WI ( <a href="http://catalog.tarleton.edu/academicaffairs/">http://catalog.tarleton.edu/academicaffairs/</a> )]	Creative Arts and Literature for Children	
CHFS 3353	Child and Youth Guidance	
CHFS 4309	Parenting	
CHFS 4317	Environments in Early Childhood	
CHFS 4345	Child Life	
CHFS 4350 [WI ( <a href="http://catalog.tarleton.edu/academicaffairs/">http://catalog.tarleton.edu/academicaffairs/</a> )]	Policies and Ethical Standards	
CHFS 4356 [WI ( <a href="http://catalog.tarleton.edu/academicaffairs/">http://catalog.tarleton.edu/academicaffairs/</a> )]	Research Methods in Human Sciences	

---

**Total Hours** **18**

### Academic Advising Guides

Academic Advising Guides area available at the following website:

<https://web.tarleton.edu/majorinfo/>

### Associate professors

- Dr. Deborah Banker
- Dr. Kristina Higgins

### Assistant professor

- Dr. Lisa Taylor-Cook

### Instructor

- Ms. Jasmine Frett

### Courses

#### CHFS 1100. Transitioning to University Studies in Child and Family Studies. 1 Credit Hour (Lecture: 1 Hour, Lab: 1 Hour).

An introduction to and analysis of the culture child and family studies. Students will examine best practices when working with families and children from diverse backgrounds and needs through directed field experiences. This course also meets the First Year Seminar requirement.

#### CHFS 1304. Infant and Toddler Development. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).

Emphasis is on the child from conception through younger years with a study of growth and development in the family setting. Directed observation in approved settings is required.

#### CHFS 3300. Child Development: Theory, Research, and Practice. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).

A survey of the child's physical, mental, social, and emotional development from birth to 18 years old. Emphasis is placed on the three year old to adolescent child and those factors which influence his/her growth. Credit for both CHFS 3300 and FACS 3300 will not be awarded. All CHFS majors must earn a grade of C or better in the course. Prerequisite Course: Junior classification or approval of department head. This course is a requirement for admission to the Tarleton Teacher Education Program with a C or better. Field experience hours are required for this course. Prerequisite: Junior classification or approval of department head.

#### CHFS 3305. Management of a Licensed Child Care Program. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).

Basic principles of the management of licensed child care programs are studied. Topics covered include planning, operating, supervising and evaluation of practices within early learning programs based on child care licensing minimum standard regulations and expectations. 8 field experience hours required.

#### CHFS 3306. Application of Management of a Licensed Child Care Program. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).

Principles of management of licensed child care programs are analyzed and applied based on child care licensing minimum standard regulations and expectations. Topics covered include personnel management, training requirements, professionalism, advocacy, legal and ethical issues within the early learning field. 8 field experience hours required.

#### CHFS 3310. Methodology of Family Life Education. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).

An understanding of the philosophies and principles of family life education, including knowledge of the family life certification process and content areas. This course will include a survey and critique of various existing family life education programs as well as the development, implementation, and evaluation of new evidence-based programs.

#### CHFS 3315. Concept Development in Early Childhood. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).

An exploration of theory and practice in teaching science, mathematics, social studies/diversity and technology to young children. An emphasis is placed on developmentally appropriate practices that facilitate skill development. This course includes 8 hours of field experience in an early childhood classroom. Prerequisite: CHFS 3300 or approval of Department Head.

#### CHFS 3316. Human Intimacy. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).

A functional approach to the understanding of the interpersonal dynamics and choices in primary and secondary relationships such as those with friends, dating partners, and potential mates. The study will include a brief historical and cross-cultural perspective with emphasis on the roots of modern American customs and the rituals of dating and mate selection. Current issues in human sexuality are included. A major component of the class is a study of interpersonal communication. Prerequisite: PSYC 2301.

**CHFS 3322. Fragile Family Systems. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

The course is designed to examine the issues that surround families that could be considered fragile. An in-depth look will be presented as to how these situations impact children and families along with the theories of trauma to these types of families.

**CHFS 3333. Family Financial Management. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

Special emphasis is given to the use of family finances in achieving goals. Consideration made for financial protection and financial planning for the family life cycle.

**CHFS 3344. Creative Arts and Literature for Children. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours). [WI (<http://catalog.tarleton.edu/academicaffairs/>)]**

An exploration of theory, practice, and materials for teaching young children music, movement, visual arts, and literacy. An emphasis will be placed on developmentally appropriate practice including process-focused activities and skill development. Direct observation and practice in approved off-campus settings is required. Prerequisite: CHFS 3300.

**CHFS 3353. Child and Youth Guidance. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

This course examines positive guidance strategies for children from birth to eight years. Students will explore theoretical foundations related to child development and the implementation of various models to foster self-control, organize environments and curriculum for pro-social skills, methods for addressing persistent and challenging behaviors. Emphasis will be on behavior management and on guidance strategies for preschool and early elementary children. The course will also explore a wide variety of issues in relation to parenting, child-rearing practices, and child-family relations. Direct observation and practice in approved off-campus settings is required. Prerequisite: CHFS 3300.

**CHFS 4085. Internship Seminar. 1-3 Credit Hours (Lecture: 1-3 Hours, Lab: 0 Hours).**

This internship includes supervised, field-based activities working with children and/or families. Students are required to conduct a reflective analysis of their internship activities. May be repeated for credit. 225 hours of direct observation and practice in approved off-campus settings is required. Prerequisite: CHFS 3300.

**CHFS 4309. Parenting. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

A contemporary approach to basic principles and skills needed for effective parenting. Study will include assessment of parenting programs and techniques. Emphasis is placed on creating nurturing home environments through the life cycle.

**CHFS 4317. Environments in Early Childhood. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

This course will offer a broad perspective and exploration of early childhood environments, emphasizing the relationships between the children's learning, adult engagement, and the environment. Students will expand their current views and ideas about children's education by investigating and discussing indoor/outdoor spaces; encountering when and how the environment acts as a teacher; building a curriculum; creating a sense of belonging; and discovering how to pay close attention to details in the environment. Topics will also include including children with special needs and working with children in a variety of environments including medical settings. Eight hours of field experience required. Prerequisite: pre-requisite or concurrent enrollment of CHFS 3300.

**CHFS 4320. Early Intervention Services. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

This course covers the systems of services available in various states around the country that assists infants and toddlers with developmental delays or disabilities. Students will learn what constitutes a developmental delay, developmental milestones, screening and/or evaluations, Individual Family Service Plans, and the personnel and their roles involved in early intervention services.

**CHFS 4340. Play Theory and Research. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

Exploration of historical and contemporary therapeutic play theory and research from infancy through young adulthood. Play environments, learning objectives for various age groups, and play therapy are covered.

**CHFS 4345. Child Life. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

A review of the historical and theoretical perspectives on the development of the child life field and information on fundamental skills required to help children and families cope with the stress of the health care experience. Child Life programs strive to promote optimum development of children, adolescents and families, to maintain normal living patterns, and to minimize psychological trauma. Child life specialists, as members of the health care team, maintain, enhance, and maximize normal growth and development through play, education, advocacy and therapeutic interventions. At the completion of this course, students will be able to promote the essential child life goals of minimizing stress and anxiety, promote coping, and promote normal development.

**CHFS 4350. Policies and Ethical Standards. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours). [WI (<http://catalog.tarleton.edu/academicaffairs/>)]**

A study of moral, ethical, and legal issues faced by professionals working with children and families. Students will learn to assess each situation independently and evaluate alternative approaches to promoting optimal development. Information on the legal aspects of early childhood intervention, working with young children with special needs, and the ethical treatment of families in poverty will be included. Prerequisite: CHFS 3300, Junior Classification or approval of Instructor.

**CHFS 4355. Grief, Loss & Bereavement. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

This course is an introduction to concepts surrounding the nature of loss, suffering, grief, and issues of death and dying. Historical, current, cultural, spiritual, and religious perspectives will be examined with attention to ethical and moral issues. Theoretical foundations will be explored as related to death and dying, as well as other types of loss to include divorce, adoption, foster care, palliative care, transitions and symbolic loss and how it impacts children and families.

**CHFS 4356. Research Methods in Human Sciences. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours). [WI (<http://catalog.tarleton.edu/academicaffairs/>)]**

Current research issues and the importance of research in Human Sciences will be discussed. Main tasks include review of literature, introduction to the scientific method of inquiry, analysis of results, and completion of a research paper. All CHFS majors must earn a grade of C or better in the course. Prerequisite: CHFS 3300.

**CHFS 4360. Preprofessional Development. 3 Credit Hours (Lecture: 3 Hours, Lab: 0 Hours).**

Basic information for professional growth including: information relevant to human sciences careers; business interactions; global business-related social and cultural differences; professional correspondence; development of professional marketing tools such as interview skills, preparation of cover letters and resumes. All CHFS majors must earn a grade of C or better in the course.